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Higher Dimensional Techniques for the Regularity of Maximal Functions

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- Reduction and decomposition
- High density case
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- Boundary of large balls
- High density, general version
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For $f: \mathbb{R}^d \to \mathbb{R}$ the centered Hardy-Littlewood maximal function is defined by

$$\mathrm{M}^{\mathrm{c}}f(x) = \sup_{r>0} f_{B(x,r)} \quad \text{with} \qquad f_{B(x,r)} = \frac{1}{\mathcal{L}(B(x,r))} \int_{B(x,r)} |f|.$$

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The Hardy-Littlewood maximal function theorem:

$$\|\mathrm{M}^{\mathrm{c}} f\|_{L^p(\mathbb{R}^d)} \leq C_{d,p} \|f\|_{L^p(\mathbb{R}^d)} \qquad \text{ if and only if } p>1$$

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Juha Kinnunen (1997):

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 if $p > 1$

Question (Hajłasz and Onninen 2004)

Is it true that

 $\|\nabla \mathbf{M}^{\mathrm{c}} f\|_{L^{1}(\mathbb{R}^{d})} \leq C_{d} \|\nabla f\|_{L^{1}(\mathbb{R}^{d})}?$

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Proof				

$$\partial_{e} \mathrm{M}^{\mathrm{c}} f(x) \sim rac{\mathrm{M}^{\mathrm{c}} f(x+he) - \mathrm{M}^{\mathrm{c}} f(x)}{h}$$

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Proof				

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Proof				

$$egin{aligned} \partial_e \mathrm{M}^\mathrm{c} f(x) &\sim rac{\mathrm{M}^\mathrm{c} f(x+he) - \mathrm{M}^\mathrm{c} f(x)}{h} \ &\leq rac{\mathrm{M}^\mathrm{c} (f(\cdot+he) - f)(x)}{h} \ &= \mathrm{M}^\mathrm{c} \Big(rac{f(\cdot+he) - f)}{h} \Big)(x) \end{aligned}$$

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$$egin{aligned} \partial_e \mathrm{M}^\mathrm{c} f(x) &\sim rac{\mathrm{M}^\mathrm{c} f(x+he) - \mathrm{M}^\mathrm{c} f(x)}{h} \ &\leq rac{\mathrm{M}^\mathrm{c} (f(\cdot+he)-f)(x)}{h} \ &= \mathrm{M}^\mathrm{c} \Big(rac{f(\cdot+he)-f)}{h} \Big)(x) \sim \mathrm{M}^\mathrm{c} (\partial_e f)(x) \end{aligned}$$

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Droof				

For $e \in \mathbb{R}^d$ by the sublinearity of M^c

$$egin{aligned} \partial_e \mathrm{M}^\mathrm{c} f(x) &\sim rac{\mathrm{M}^\mathrm{c} f(x+he) - \mathrm{M}^\mathrm{c} f(x)}{h} \ &\leq rac{\mathrm{M}^\mathrm{c} (f(\cdot+he)-f)(x)}{h} \ &= \mathrm{M}^\mathrm{c} \Big(rac{f(\cdot+he)-f)}{h} \Big)(x) \sim \mathrm{M}^\mathrm{c} (\partial_e f)(x) \end{aligned}$$

By the Hardy-Littlewood maximal function theorem for p > 1

 $\|\nabla \mathbf{M}^{\mathbf{c}} f\|_{L^{p}(\mathbb{R}^{d})} \lesssim \|\mathbf{M}^{\mathbf{c}}(|\nabla f|)\|_{L^{p}(\mathbb{R}^{d})} \lesssim \|\nabla f\|_{L^{p}(\mathbb{R}^{d})}$

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Uncentered maximal operator

For $f : \mathbb{R}^d \to \mathbb{R}$ the uncentered Hardy-Littlewood maximal function is defined by

 $\widetilde{\mathrm{M}}f(x) = \sup_{B \ni x} f_B.$

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Uncentered maximal operator

For $f : \mathbb{R}^d \to \mathbb{R}$ the uncentered Hardy-Littlewood maximal function is defined by

 $\widetilde{\mathrm{M}}f(x) = \sup_{B \ni x} f_B.$

The result by Kinnunen also holds for \widetilde{M} and various other maximal operators, and the question by Hałjasz and Onninen is being investigated.

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In 2002 Tanaka proved

 $\operatorname{var} \widetilde{\mathrm{M}} \boldsymbol{f} \leq \operatorname{var} \boldsymbol{f}$

for $f : \mathbb{R} \to \mathbb{R}$, but with a factor 2 on the right hand side. In 2007 Aldaz and Pérez Lázaro reduced that factor to the optimal value 1.

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$$\operatorname{var} f = \sup_{n \in \mathbb{N}, \ x_1 < \ldots < x_n} \sum_{i=1}^{n-1} |f(x_{n+1}) - f(x_n)|.$$

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$$\operatorname{var} f = \sup_{n \in \mathbb{N}, \ x_1 < \ldots < x_n} \sum_{i=1}^{n-1} |f(x_{n+1}) - f(x_n)|.$$

Main ingredient: $\widetilde{M}f$ is convex on connected components of $\{x \in \mathbb{R} : \widetilde{M}f(x) > f(x)\}.$

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$$\begin{split} \operatorname{var} \widetilde{\operatorname{M}} f &= \operatorname{var}_{[0,x_0]} \widetilde{\operatorname{M}} f + \operatorname{var}_{[x_2,1]} \widetilde{\operatorname{M}} f \\ &+ |\widetilde{\operatorname{M}} f(x_0) - \widetilde{\operatorname{M}} f(x_1)| + |\widetilde{\operatorname{M}} f(x_2) - \widetilde{\operatorname{M}} f(x_1)| \end{split}$$



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$$\begin{aligned} \operatorname{var} \widetilde{\mathrm{M}} f &= \operatorname{var}_{[0,x_0]} \widetilde{\mathrm{M}} f + \operatorname{var}_{[x_2,1]} \widetilde{\mathrm{M}} f \\ &+ |\widetilde{\mathrm{M}} f(x_0) - \widetilde{\mathrm{M}} f(x_1)| + |\widetilde{\mathrm{M}} f(x_2) - \widetilde{\mathrm{M}} f(x_1)| \\ &\leq \operatorname{var}_{[0,x_0]} f + \operatorname{var}_{[x_2,1]} f \\ &+ |f(x_0) - f(x_1)| + |f(x_2) - f(x_1)| \\ &\leq \operatorname{var}_{[0,x_0]} f + \operatorname{var}_{[x_2,1]} f + \operatorname{var}_{[x_0,x_2]} f = \operatorname{var} f \end{aligned}$$

Onedimensional case

For the centered maximal function ${\rm M^c}{\it f}$ the convexity property does not hold. Nevertheless,

centered

Kurka proved var $M^c f \leq C$ var f for $f : \mathbb{R} \to \mathbb{R}$ in a very involved paper in 2015.

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Kurka proved var $M^c f \leq C$ var f for $f : \mathbb{R} \to \mathbb{R}$ in a very involved paper in 2015.

He did case distinctions with respect to the shape of triples $x_0 < x_1 < x_2$ with $M^c f(x_0) < M^c f(x_1) > M^c f(x_2)$ and a decomposition in scales.

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Onedimensional case

For radial functions $f : \mathbb{R}^d \to \mathbb{R}$ with f(x) = f(|x|) we have

$$\|\nabla f\|_{L^1(\mathbb{R}^d)} = \int_0^\infty |\nabla f(r)| r^{d-1} \,\mathrm{d}r$$

and also $\widetilde{\mathrm{M}}\mathbf{f}$ is radial.

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Onedimensional case

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radial

In 2018 Luiro used this one-dimensional representation to prove $\|\nabla \widetilde{\mathrm{M}} f\|_{L^1(\mathbb{R}^d)} \leq C_d \|\nabla f\|_{L^1(\mathbb{R}^d)}$ for radial functions $f: \mathbb{R}^d \to \mathbb{R}$. History Core Techniques Covering Techniques Summary References occosion control occosion co

Onedimensional case

For radial functions $f : \mathbb{R}^d \to \mathbb{R}$ with f(x) = f(|x|) we have

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block-decreasing

In 2009 Aldaz and Pérez Lázaro proved $\|\nabla \widetilde{\mathrm{M}} f\|_{L^1(\mathbb{R}^d)} \leq C_d \|\nabla f\|_{L^1(\mathbb{R}^d)}$ for block-decreasing $f : \mathbb{R}^d \to \mathbb{R}$,

which are to some extent similar to radially decreasing functions.

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Other maximal operators and related questions

- fractional maximal operators
- convolution operators
- local maximal operators
- discrete maximal operators
- bilinear maximal operators

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Other maximal operators and related questions

- fractional maximal operators
- convolution operators
- local maximal operators
- discrete maximal operators
- bilinear maximal operators
- any combinations of the above

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Other maximal operators and related questions

- fractional maximal operators
- convolution operators
- local maximal operators
- discrete maximal operators
- bilinear maximal operators
- any combinations of the above
- bounds on other spaces than Sobolev spaces

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Other maximal operators and related questions

- fractional maximal operators
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- bilinear maximal operators
- any combinations of the above
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related: Continuity of the operator given by $f \mapsto \nabla M f$ on $W^{1,1}(\mathbb{R}^d) \to L^1(\mathbb{R}^d)$. This is a stronger property than boundedness.

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reformulations

definition

$$\mathsf{var}\, f = \mathsf{sup}\Big\{\int f\,\mathsf{div}\, \varphi: \varphi\in \mathit{C}^1_\mathsf{c}(\mathbb{R}^d;\mathbb{R}^d), \,\, |\varphi|\leq 1\Big\}$$
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$$egin{aligned} \mathsf{var}\, f = \supigg\{\int f\,\mathsf{div}\,arphi:arphi\in C^1_\mathsf{c}(\mathbb{R}^d;\mathbb{R}^d),\,\,|arphi|\leq 1igg\} \ &= \|
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coarea formula

$$\operatorname{var} f = \int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \{x \in \mathbb{R}^d : f(x) > \lambda\}) \, \mathrm{d}\lambda$$

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$$\mathsf{var}\, f = \int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \{x \in \mathbb{R}^d : f(x) > \lambda\}) \,\mathrm{d}\lambda$$

superlevel sets

$$\{x \in \mathbb{R}^d : \mathrm{M}f(x) > \lambda\} = \bigcup\{B : f_B > \lambda\}$$

for uncentered maximal operators.

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coarea formula

$$\mathsf{var}\, f = \int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \{x \in \mathbb{R}^d : f(x) > \lambda\}) \,\mathrm{d}\lambda$$

superlevel sets

$$\{\mathbf{M}\mathbf{f} > \lambda\} = \{\mathbf{x} \in \mathbb{R}^d : \mathbf{M}\mathbf{f}(\mathbf{x}) > \lambda\} = \bigcup\{\mathbf{B} : \mathbf{f}_{\mathbf{B}} > \lambda\}$$

for uncentered maximal operators.

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Denote

$$\mathcal{B}_{\lambda}^{<} = \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda, \ \mathcal{L}(\boldsymbol{B} \cap \{\boldsymbol{f} > \lambda\}) < \mathcal{L}(\boldsymbol{B})/2 \}$$

and $\mathcal{B}^{\geq}_{\lambda}$ accordingly. We split the boundary

$$\partial \bigcup \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda \} \subset \partial \bigcup \mathcal{B}_{\lambda}^{<} \cup \partial \bigcup \mathcal{B}_{\lambda}^{\geq}.$$
(1)

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Denote

 $\mathcal{B}_{\lambda}^{<} = \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda, \ \mathcal{L}(\boldsymbol{B} \cap \{\boldsymbol{f} > \lambda\}) < \mathcal{L}(\boldsymbol{B})/2 \}$

and $\mathcal{B}^{\geq}_{\lambda}$ accordingly. We split the boundary

$$\partial \bigcup \{ \mathbf{B} : \mathbf{f}_{\mathbf{B}} > \lambda \} \subset \partial \bigcup \mathcal{B}_{\lambda}^{<} \cup \partial \bigcup \mathcal{B}_{\lambda}^{\geq}.$$
(1)

Since $Mf \ge f$ a.e. we have $\{f > \lambda\} \subset \{Mf > \lambda\}$ up to measure zero, and thus

$$\partial \bigcup \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda \} \subset \left(\partial \bigcup \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda \} \right) \setminus \overline{\{\boldsymbol{f} > \lambda\}} \cup \partial \{ \boldsymbol{f} > \lambda \}.$$
(2)

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Denote

 $\mathcal{B}_{\lambda}^{<} = \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda, \ \mathcal{L}(\boldsymbol{B} \cap \{\boldsymbol{f} > \lambda\}) < \mathcal{L}(\boldsymbol{B})/2 \}$

and $\mathcal{B}^{\geq}_{\lambda}$ accordingly. We split the boundary

$$\partial \bigcup \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda \} \subset \partial \bigcup \mathcal{B}_{\lambda}^{<} \cup \partial \bigcup \mathcal{B}_{\lambda}^{\geq}.$$
(1)

Since ${\rm M}f\geq f$ a.e. we have $\{f>\lambda\}\subset \{{\rm M}f>\lambda\}$ up to measure zero, and thus

$$\partial \bigcup \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda \} \subset \left(\partial \bigcup \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda \} \right) \setminus \overline{\{\boldsymbol{f} > \lambda\}} \cup \partial \{ \boldsymbol{f} > \lambda \}.$$
(2)

Plug (1) into (2) and that into the coarea formula

$$\operatorname{var} \mathbf{M} f = \int_0^\infty \mathcal{H}^{d-1} \Big(\partial \bigcup \{ \boldsymbol{B} : f_{\boldsymbol{B}} > \lambda \} \Big) \, \mathrm{d} \lambda$$

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Decomposition of the boundary

decomposition

$$egin{aligned} &\operatorname{var} \mathrm{M} f \leq \int_{0}^{\infty} \mathcal{H}^{d-1} \Big(\partial igcup \mathcal{B}_{\lambda}^{<} \Big) \, \mathrm{d}\lambda \ &+ \int_{0}^{\infty} \mathcal{H}^{d-1} \Big(\Big(\partial igcup \mathcal{B}_{\lambda}^{\geq} \Big) \setminus \overline{\{f > \lambda\}} \Big) \, \mathrm{d}\lambda \ &+ \operatorname{var} f \end{aligned}$$

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Decomposition of the boundary

decomposition

$$\begin{split} \operatorname{var} \operatorname{M} & f \leq \int_{0}^{\infty} \mathcal{H}^{d-1} \Big(\partial \bigcup \mathcal{B}_{\lambda}^{<} \Big) \, \mathrm{d} \lambda \\ & + \int_{0}^{\infty} \mathcal{H}^{d-1} \Big(\Big(\partial \bigcup \mathcal{B}_{\overline{\lambda}}^{\geq} \Big) \setminus \overline{\{f > \lambda\}} \Big) \, \mathrm{d} \lambda \\ & + \operatorname{var} f \quad \checkmark \end{split}$$

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Relative isc	operimetric inequ	ality		

A is a John domain if there is a K > 0 and point $x \in A$ such that for any $y \in A$ there is a path γ from x to y with

 $\operatorname{dist}(\gamma(t), A^\complement) \geq K^{-1} |\gamma(t) - y|.$

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A is a John domain if there is a K > 0 and point $x \in A$ such that for any $y \in A$ there is a path γ from x to y with

$$\operatorname{dist}(\gamma(t), A^{\complement}) \geq K^{-1}|\gamma(t) - y|.$$

Relative isoperimetric inequality

Let A be a John domain and $\mathcal{L}(A \cap E) \leq \mathcal{L}(A)/2$. Then

$$\mathcal{L}(A \cap E)^{\frac{d-1}{d}} \lesssim \mathcal{H}^{d-1}(A \cap \partial E)$$

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Corollary: For a ball or cube *B* with $\mathcal{L}(B)/4 \leq \mathcal{L}(B \cap E) \leq \mathcal{L}(B)/2$ we have

 $\mathcal{H}^{d-1}(\partial B) \lesssim \mathcal{L}(B)^{\frac{d-1}{d}} \lesssim \mathcal{L}(B \cap E)^{\frac{d-1}{d}} \lesssim \mathcal{H}^{d-1}(B \cap \partial E).$

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Corollary: For a ball or cube *B* with $\mathcal{L}(B)/4 \leq \mathcal{L}(B \cap E) \leq \mathcal{L}(B)/2$ we have

 $\mathcal{H}^{d-1}(\partial B) \lesssim \mathcal{L}(B)^{\frac{d-1}{d}} \lesssim \mathcal{L}(B \cap E)^{\frac{d-1}{d}} \lesssim \mathcal{H}^{d-1}(B \cap \partial E).$

Proposition (High density)

For $\mathcal{L}(B \cap E) \geq \mathcal{L}(B)/2$ we have

 $\mathcal{H}^{d-1}(\partial \mathbb{B} \setminus \overline{\mathbb{E}}) \lesssim \mathcal{H}^{d-1}(\mathbb{B} \cap \partial \mathbb{E}).$



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Proof of high density proposition

Idea: Decompose $\partial B \setminus \overline{E}$ according to distance to significant part of *E*.

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Proof of high density proposition

Idea: Decompose $\partial B \setminus \overline{E}$ according to distance to significant part of E.

For every $x \in \partial B \setminus \overline{E}$ there is an $\varepsilon > 0$ with

 $\mathcal{L}(B(x,\varepsilon) \cap E) = 0,$ $\mathcal{L}(B \cap B(x, \operatorname{diam}(B)) \cap E) \ge \mathcal{L}(B)/2 = 2^{-d-1}\mathcal{L}(B(x, \operatorname{diam}(B)))$ Covering Techniques

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Thus $\exists r \in [\varepsilon, \operatorname{diam}(B)]$

$$\mathcal{L}(B(x,r)\cap E)=2^{-d-1}\mathcal{L}(B(x,r))$$

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For every $x \in \partial B \setminus \overline{E}$ there is an $\varepsilon > 0$ with

 $\mathcal{L}(B(x,\varepsilon)\cap E)=0,$ $\mathcal{L}(B \cap B(x, \operatorname{diam}(B))) \cap E) \geq \mathcal{L}(B)/2 = 2^{-d-1}\mathcal{L}(B(x, \operatorname{diam}(B)))$

Thus $\exists r \in [\varepsilon, \operatorname{diam}(B)]$

$$\mathcal{L}(B(x,r) \cap E) = 2^{-d-1}\mathcal{L}(B(x,r))$$

Let \mathcal{B} be the collection of all such balls B(x, r) and apply the Vitali covering. Let \mathcal{S} be the resulting disjoint subset.

Relative isoperimetric inequality

For each $B(x, r) \in S$ the set $A = B \cap B(x, r)$ is a John domain and thus satisfies the

relative isoperimetric inequality

$$\min\{\mathcal{L}(A \cap E), \mathcal{L}(A \setminus E)\}^{\frac{d-1}{d}} \lesssim \mathcal{H}^{d-1}(\partial E \cap A)$$

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Thus by the choice of r

$$\mathcal{H}^{d-1}(\partial B(x,r))\lesssim \mathcal{L}(B\cap B(x,r))^{rac{d-1}{d}} \lesssim \mathcal{H}^{d-1}(\partial E\cap B\cap B(x,r)).$$

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Relative isoperimetric inequality

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$$\mathcal{H}^{d-1}(\partial B(x,r)) \lesssim \mathcal{L}(\mathcal{B} \cap B(x,r))^{rac{d-1}{d}} \lesssim \mathcal{H}^{d-1}(\partial \mathcal{E} \cap \mathcal{B} \cap B(x,r)).$$

(Proof of first inequality can be made precise.)

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\mathcal{S} Vitali covering of $\partial \mathbf{B} \setminus \overline{\mathbf{E}}$. We can conclude

$$\begin{aligned} \mathcal{H}^{d-1}\Big(\partial B \setminus \overline{E}\Big) &= \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial B \setminus \overline{E}\Big) \leq \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial B\Big) \\ &= \mathcal{H}^{d-1}\Big(\bigcup 5S \cap \partial B\Big) \leq \sum_{S \in S} \mathcal{H}^{d-1}(5S \cap \partial B) \\ &\lesssim \sum_{S \in S} \mathcal{H}^{d-1}(\partial 5S) \lesssim \sum_{S \in S} \mathcal{H}^{d-1}(\partial S) \\ &\lesssim \sum_{S \in S} \mathcal{H}^{d-1}(\partial E \cap B \cap S) \leq \mathcal{H}^{d-1}(\partial E \cap B) \end{aligned}$$

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S Vitali covering of $\partial B \setminus \overline{E}$. We can conclude

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(Proof of fifth step can be made precise.)

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High density case

Proposition (High density, general version)

Let \mathcal{B} be a set of balls \underline{B} with $\mathcal{L}(\underline{B} \cap \underline{E}) \geq \varepsilon \mathcal{L}(\underline{B})$. Then

$$\mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B} \setminus \overline{\mathcal{E}}\Big) \lesssim_{\varepsilon} \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial \mathcal{E}\Big).$$

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$$\begin{split} &\int_{0}^{\infty} \mathcal{H}^{d-1}\Big(\Big(\partial \bigcup \mathcal{B}_{\lambda}^{\geq}\Big) \setminus \overline{\{f > \lambda\}}\Big) \,\mathrm{d}\lambda \\ &\lesssim \int_{0}^{\infty} \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B}_{\lambda}^{\geq} \cap \partial \{f > \lambda\}\Big) \,\mathrm{d}\lambda \\ &\leq \mathsf{var}\, f. \end{split}$$

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Proof works almost the same as with $\mathcal{B} = \{B\}$ if all balls in \mathcal{B} have the same scale. But we need one extra covering tool from the next section.

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High density case

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Let \mathcal{B} be a set of balls \mathcal{B} with $\mathcal{L}(\mathcal{B} \cap \mathcal{E}) \geq \varepsilon \mathcal{L}(\mathcal{B})$. Then

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Proof works almost the same as with $\mathcal{B} = \{B\}$ if all balls in \mathcal{B} have the same scale. But we need one extra covering tool from the next section. Then we prove a modified version for each scale separately and add up all scales.

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- Low density case

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- High density, general version
- Dyadic cubes to general cubes

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Low density case

Have to bound

$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B}^<_\lambda\Big) \,\mathrm{d}\lambda \lesssim \mathsf{var}\, f,$$

where

$$\mathcal{B}_{\lambda}^{<} = \{ \boldsymbol{B} : \boldsymbol{f}_{\boldsymbol{B}} > \lambda, \ \mathcal{L}(\boldsymbol{B} \cap \{\boldsymbol{f} > \lambda\}) < \mathcal{L}(\boldsymbol{B})/2 \}.$$

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Low density case

Have to bound

$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial\bigcup \mathcal{B}^<_\lambda\Big)\,\mathrm{d}\lambda\lesssim \mathsf{var}\,\boldsymbol{f},$$

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I can't :(

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Low density case

Have to bound

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I can't :(

dyadic maximal operator

$$\mathrm{M}^{\mathrm{d}}f(x) = \sup_{\substack{Q \ni x, \ Q \text{ dyadic}}} f_Q.$$

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Low density case

Have to bound

$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B}^<_\lambda\Big)\,\mathrm{d}\lambda \lesssim \mathsf{var}\,\boldsymbol{f},$$

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dyadic maximal operator

$$\mathrm{M}^{\mathrm{d}}f(x) = \sup_{\boldsymbol{Q} \ni x, \ \boldsymbol{Q} \ \mathrm{dyadic}} f_{\boldsymbol{Q}}.$$

 $\{x : M^{d}f(x) > \lambda\} = \bigcup\{\text{maximal dyadic } Q : f_{Q} > \lambda\}$

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Low density case

Have to bound

$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B}^<_\lambda\Big)\,\mathrm{d}\lambda \lesssim \mathsf{var}\,\boldsymbol{f},$$

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dyadic maximal operator

$$\mathrm{M}^{\mathrm{d}}f(x) = \sup_{Q \ni x, Q \text{ dyadic}} f_Q.$$

 $\{x: \mathrm{M}^{\mathrm{d}} f(x) > \lambda\} = \bigcup \{ \text{maximal dyadic } \mathcal{Q} : f_{\mathcal{Q}} > \lambda \} = \bigcup \mathcal{Q}_{\lambda}^{<} \cup \mathcal{Q}_{\lambda}^{<}$

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Definition

Q is maximal for $\lambda < f_Q$ if for all $P \supseteq Q$ we have $f_P \leq \lambda$.

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Definition

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$$\int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \bigcup \mathcal{Q}_{\lambda}^{<}) \, \mathrm{d}\lambda$$
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Definition

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$$\int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \bigcup \mathcal{Q}_{\lambda}^{<}) \, \mathrm{d}\lambda \leq \int_{\mathbb{R}} \sum_{\mathbf{Q} \in \mathcal{Q}_{\lambda}^{<}} \mathcal{H}^{d-1}(\partial \mathbf{Q}) \, \mathrm{d}\lambda$$

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$$\int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \bigcup \mathcal{Q}_{\lambda}^{<}) \, \mathrm{d}\lambda \leq \int_{\mathbb{R}} \sum_{\boldsymbol{Q} \in \mathcal{Q}_{\lambda}^{<}} \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \, \mathrm{d}\lambda$$
$$= \int_{\mathbb{R}} \sum_{\boldsymbol{Q} : \tilde{\lambda}_{\boldsymbol{Q}} < \lambda < f_{\boldsymbol{Q}}} \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \, \mathrm{d}\lambda$$

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Definition

Q is maximal for $\lambda < f_Q$ if for all $P \supseteq Q$ we have $f_P \leq \lambda$. Given Q, let λ_Q be the smallest such λ .

$$\int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \bigcup \mathcal{Q}_{\lambda}^{<}) \, \mathrm{d}\lambda \leq \int_{\mathbb{R}} \sum_{\boldsymbol{Q} \in \mathcal{Q}_{\lambda}^{<}} \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \, \mathrm{d}\lambda$$
$$= \int_{\mathbb{R}} \sum_{\boldsymbol{Q} : \tilde{\lambda}_{\boldsymbol{Q}} < \lambda < \boldsymbol{f}_{\boldsymbol{Q}}} \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \, \mathrm{d}\lambda$$

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$$= \int_{\mathbb{R}} \sum_{\boldsymbol{Q} : \tilde{\lambda}_{\boldsymbol{Q}} < \lambda < f_{\boldsymbol{Q}}} \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \, \mathrm{d}\lambda$$

where

$$ilde{\lambda}_{oldsymbol{Q}} = \sup\{\lambda: \mathcal{L}(oldsymbol{Q} \cap \{f > ilde{\lambda}_{oldsymbol{Q}}\}) \geq 2^{-1} \cdot \mathcal{L}(oldsymbol{Q}) \quad \}$$

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Definition

Q is maximal for $\lambda < f_Q$ if for all $P \supseteq Q$ we have $f_P \leq \lambda$. Given Q, let λ_Q be the smallest such λ .

$$\int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \bigcup \mathcal{Q}_{\lambda}^{<}) \, \mathrm{d}\lambda \leq \int_{\mathbb{R}} \sum_{\boldsymbol{Q} \in \mathcal{Q}_{\lambda}^{<}} \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \, \mathrm{d}\lambda$$
$$= \int_{\mathbb{R}} \sum_{\boldsymbol{Q} : \tilde{\lambda}_{\boldsymbol{Q}} < \lambda < f_{\boldsymbol{Q}}} \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \, \mathrm{d}\lambda$$

where

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Definition

Q is maximal for $\lambda < f_Q$ if for all $P \supseteq Q$ we have $f_P \leq \lambda$. Given Q, let λ_Q be the smallest such λ .

$$\begin{split} \int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \bigcup \mathcal{Q}_{\lambda}^{<}) \, \mathrm{d}\lambda &\leq \int_{\mathbb{R}} \sum_{Q \in \mathcal{Q}_{\lambda}^{<}} \mathcal{H}^{d-1}(\partial Q) \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{Q: \tilde{\lambda}_{Q} < \lambda < f_{Q}} \mathcal{H}^{d-1}(\partial Q) \, \mathrm{d}\lambda \\ &= \sum_{Q} (f_{Q} - \tilde{\lambda}_{Q}) \mathcal{H}^{d-1}(\partial Q) \end{split}$$

where

$$\tilde{\lambda}_{\boldsymbol{Q}} = \sup \Big\{ \lambda_{\boldsymbol{Q}}, \sup \{ \lambda : \mathcal{L}(\boldsymbol{Q} \cap \{\boldsymbol{f} > \tilde{\lambda}_{\boldsymbol{Q}}\}) \geq 2^{-d-2} \cdot \mathcal{L}(\boldsymbol{Q}) \} \Big\}$$

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Proposition

$$(f_{Q} - \tilde{\lambda}_{Q})\mathcal{L}(Q) \lesssim \int_{\mathbb{R}} \sum_{P \subsetneq Q: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda$$

where P is maximal above $\bar{\lambda}_P$ and

$$\mathcal{L}(P \cap \{f > \overline{\lambda}_{P}\}) = 2^{-1}\mathcal{L}(P)^{"}$$
$$\mathcal{L}(Q \cap \{f > \widetilde{\lambda}_{Q}\}) = 2^{-d-2}\mathcal{L}(Q)^{"}$$

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Proposition

$$(f_Q - \tilde{\lambda}_Q)\mathcal{L}(Q) \lesssim \int_{\mathbb{R}} \sum_{P \subsetneq Q: \bar{\lambda}_P < \lambda < f_P} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda$$

where P is maximal above $\bar{\lambda}_P$ and

$$\mathcal{L}(P \cap \{f > \bar{\lambda}_P\}) = 2^{-1}\mathcal{L}(P)''$$
$$\mathcal{L}(Q \cap \{f > \tilde{\lambda}_Q\}) = 2^{-d-2}\mathcal{L}(Q)''$$

The proof uses a stopping time argument: Start with Q and then iteratively descend into all children P. Stop if $f_P < f_{prt(P)}$ or $f_P > \tilde{\lambda}_P$. All cubes which don't have a stopping cube as an ancestor will contribute on the right hand side above.



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 $\sum_{\boldsymbol{Q}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \lesssim \int_{\mathbb{R}} \sum_{\boldsymbol{Q}} \mathsf{I}(\boldsymbol{Q})^{-1} \sum_{P \subsetneq \boldsymbol{Q}: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{\boldsymbol{f} > \lambda\}) \, \mathrm{d}\lambda$

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$$\begin{split} \sum_{Q} (f_{Q} - \tilde{\lambda}_{Q}) \mathcal{H}^{d-1}(\partial Q) &\lesssim \int_{\mathbb{R}} \sum_{Q} \mathsf{I}(Q)^{-1} \sum_{P \subsetneq Q: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \sum_{Q \supsetneq P} \mathsf{I}(Q)^{-1} \, \mathrm{d}\lambda \end{split}$$

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$$\begin{split} \sum_{Q} (f_{Q} - \tilde{\lambda}_{Q}) \mathcal{H}^{d-1}(\partial Q) &\lesssim \int_{\mathbb{R}} \sum_{Q} \mathsf{I}(Q)^{-1} \sum_{P \subsetneq Q: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \sum_{Q \supsetneq P} \mathsf{I}(Q)^{-1} \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \mathsf{I}(P)^{-1} \, \mathrm{d}\lambda \end{split}$$

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$$\begin{split} \sum_{Q} (f_{Q} - \tilde{\lambda}_{Q}) \mathcal{H}^{d-1}(\partial Q) &\lesssim \int_{\mathbb{R}} \sum_{Q} \mathsf{I}(Q)^{-1} \sum_{P \subsetneq Q: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \sum_{Q \supsetneq P} \mathsf{I}(Q)^{-1} \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathsf{I}(P)^{-1} \, \mathrm{d}\lambda \\ &\leq \int_{\mathbb{R}} \sum_{P: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \frac{d-1}{d} \, \mathrm{d}\lambda \end{split}$$

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$$\begin{split} \sum_{Q} (f_{Q} - \tilde{\lambda}_{Q}) \mathcal{H}^{d-1}(\partial Q) &\lesssim \int_{\mathbb{R}} \sum_{Q} \mathsf{I}(Q)^{-1} \sum_{P \subsetneq Q: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \sum_{Q \supsetneq P} \mathsf{I}(Q)^{-1} \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathsf{I}(P)^{-1} \, \mathrm{d}\lambda \\ &\leq \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \frac{d-1}{d} \, \mathrm{d}\lambda \\ &\lesssim \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{H}^{d-1}(P \cap \partial \{f > \lambda\}) \, \mathrm{d}\lambda \end{split}$$

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$$\begin{split} \sum_{Q} (f_{Q} - \tilde{\lambda}_{Q}) \mathcal{H}^{d-1}(\partial Q) &\lesssim \int_{\mathbb{R}} \sum_{Q} \mathsf{l}(Q)^{-1} \sum_{P \subsetneq Q: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \sum_{Q \supsetneq P} \mathsf{l}(Q)^{-1} \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathsf{l}(P)^{-1} \, \mathrm{d}\lambda \\ &\leq \int_{\mathbb{R}} \sum_{P: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \frac{d-1}{d} \, \mathrm{d}\lambda \\ &\lesssim \int_{\mathbb{R}} \sum_{P: \bar{\lambda}_{P} < \lambda < f_{P}} \mathcal{H}^{d-1}(P \cap \partial \{f > \lambda\}) \, \mathrm{d}\lambda \\ &\leq \int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \{f > \lambda\}) \, \mathrm{d}\lambda = \mathsf{var} \, f \end{split}$$

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$$\begin{split} \sum_{Q} (f_{Q} - \tilde{\lambda}_{Q}) \mathcal{H}^{d-1}(\partial Q) &\lesssim \int_{\mathbb{R}} \sum_{Q} \mathsf{I}(Q)^{-1} \sum_{P \subsetneq Q: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \sum_{Q \supsetneq P} \mathsf{I}(Q)^{-1} \, \mathrm{d}\lambda \\ &= \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathsf{I}(P)^{-1} \, \mathrm{d}\lambda \\ &\leq \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathrm{d}\lambda \\ &\lesssim \int_{\mathbb{R}} \sum_{P: \tilde{\lambda}_{P} < \lambda < f_{P}} \mathcal{H}^{d-1}(P \cap \partial \{f > \lambda\}) \, \mathrm{d}\lambda \\ &\leq \int_{\mathbb{R}} \mathcal{H}^{d-1}(\partial \{f > \lambda\}) \, \mathrm{d}\lambda = \operatorname{var} f \quad \Box \end{split}$$

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Proposition

Let *B* be a ball and \mathcal{B} be a set of balls *C* with diam(*C*) $\geq K$ diam(*B*). Then

$$\mathcal{H}^{d-1}\Big(\partialigcup \mathcal{B}\cap {oldsymbol B}\Big)\lesssim (1+\mathcal{K}^{-d})\mathcal{H}^{d-1}(\partial {oldsymbol B}).$$



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Proof

Center **B** in the origin and let $e \in \partial B(0,1)$ be a direction.

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Proof				

 $\partial \{ C(x,r) \in \mathcal{B} : \sphericalangle(x,e) \leq \varepsilon \} \cap B$

is a Lipschitz graph with constant 1

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Proof				

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is a Lipschitz graph with constant 1 which thus has perimeter $\lesssim \operatorname{diam}(B)^{d-1} \sim \mathcal{H}^{d-1}(\partial B)$.

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 $\partial \{ C(x,r) \in \mathcal{B} : \sphericalangle(x,e) \leq \varepsilon \} \cap B$

is a Lipschitz graph with constant 1 which thus has perimeter $\lesssim \operatorname{diam}(B)^{d-1} \sim \mathcal{H}^{d-1}(\partial B)$. Take a maximal set of ε -separated directions and the result follows.

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Proof				

 $\partial \{ C(x,r) \in \mathcal{B} : \sphericalangle(x,e) \leq \varepsilon \} \cap B$

is a Lipschitz graph with constant 1 which thus has perimeter $\lesssim \operatorname{diam}(B)^{d-1} \sim \mathcal{H}^{d-1}(\partial B)$. Take a maximal set of ε -separated directions and the result follows.

Actually this only works if diam $(C) \ge 2 \operatorname{diam}(B)$. For diam $(C) \ge K \operatorname{diam}(B)$ we cover B by $\sim K^d$ many balls B with diam $(B) = \operatorname{diam}(B)/2K$, for which we have diam $(C) \ge 2 \operatorname{diam}(B)$ for each $C \in B$. Then do the argument in each B.

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High density, general version

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Proposition (High density, general version)

Let \mathcal{B} be a set of balls \mathcal{B} with $\mathcal{L}(\mathcal{B} \cap \mathcal{E}) \geq \varepsilon \mathcal{L}(\mathcal{B})$. Then

$$\mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B} \setminus \overline{\mathcal{E}}\Big) \lesssim_{\varepsilon} \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial \mathcal{E}\Big).$$

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Proposition (High density, general version)

Let \mathcal{B} be a set of balls \underline{B} with $\mathcal{L}(\underline{B} \cap \underline{E}) \geq \varepsilon \mathcal{L}(\underline{B})$. Then

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Proposition (High density, single scale version)

Let \mathcal{B} be a set of balls \mathcal{B} with diam $(\mathcal{B}) \ge 1$ and $\mathcal{L}(\mathcal{B} \cap \mathcal{E}) \ge \varepsilon \mathcal{L}(\mathcal{B})$ and let \mathcal{S} be a set of disjoint balls S centered on $\partial \bigcup \mathcal{B} \setminus \overline{\mathcal{E}}$ with diam $(S) \le 1$ and $\varepsilon \mathcal{L}(S) \le \mathcal{L}(S \cap \bigcup \mathcal{B} \cap \mathcal{E}) \le (1 - \varepsilon)\mathcal{L}(S)$. Then

$$\mathcal{H}^{d-1}\Big(\partial\bigcup \mathcal{B}\cap\bigcup 5\mathcal{S}\setminus\overline{\mathcal{E}}\Big)\lesssim_{\varepsilon}\mathcal{H}^{d-1}\Big(\bigcup_{S\in\mathcal{S}}\{x\in S: \mathsf{dist}(x,\bigcup \mathcal{B}^{\complement})>\varepsilon\,\mathsf{diam}(S)\}\cap\partial\overline{\mathcal{E}}\Big).$$

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Proof of high density, single scale version

S Vitali covering of $\partial B \setminus \overline{E}$. We can conclude

$$\begin{split} \mathcal{H}^{d-1}\Big(\partial B \setminus \overline{E}\Big) &= \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial B \setminus \overline{E}\Big) \leq \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial B\Big) \\ &= \mathcal{H}^{d-1}\Big(\bigcup 5S \cap \partial B\Big) \leq \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(5S \cap \partial B) \\ &\lesssim \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(\partial 5S) \lesssim \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(\partial S) \\ &\lesssim \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(\partial E \cap B \cap S) \leq \mathcal{H}^{d-1}(\partial E \cap B) \end{split}$$

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Proof of high density, single scale version

S Vitali covering of $\partial B \setminus \overline{E}$. We can conclude

$$\begin{split} \mathcal{H}^{d-1}\Big(\partial B \setminus \overline{E}\Big) &= \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial B \setminus \overline{E}\Big) \leq \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial B\Big) \\ &= \mathcal{H}^{d-1}\Big(\bigcup 5S \cap \partial B\Big) \leq \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(5S \cap \partial B) \\ &\lesssim \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(\partial 5S) \lesssim \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(\partial S) \\ &\lesssim \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(\partial E \cap B \cap S) \leq \mathcal{H}^{d-1}(\partial E \cap B) \end{split}$$

(Proof of fifth step can be made precise.)

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Proof of high density, general version

Do Vitali covering S of $\partial \bigcup B \setminus \overline{E}$ but only make the balls in $S_n = \{S \in S : 2^n \le \text{diam}(S) < 2^{n+1}\}$ disjoint.

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Proof of high density, general version

Do Vitali covering S of $\partial \bigcup B \setminus \overline{E}$ but only make the balls in $S_n = \{S \in S : 2^n \le \text{diam}(S) < 2^{n+1}\}$ disjoint. Then

$$\begin{split} &\mathcal{H}^{d-1}\Big(\partial\bigcup\mathcal{B}\setminus\overline{\mathcal{E}}\Big)\\ &\leq \sum_{n\in\mathbb{Z}}\mathcal{H}^{d-1}\Big(\partial\bigcup\mathcal{B}\cap\bigcup 5\mathcal{S}_n\setminus\overline{\mathcal{E}}\Big)\\ &\lesssim \sum_{n\in\mathbb{Z}}\mathcal{H}^{d-1}\Big(\bigcup_{S\in\mathcal{S}_n}\{x\in S:\varepsilon 2^n<\operatorname{dist}(x,\bigcup\mathcal{B}^\complement)<2^n\}\cap\partial\mathcal{E}\Big)\\ &\lesssim |1-\log\varepsilon|\mathcal{H}^{d-1}\Big(\bigcup\mathcal{B}\cap\partial\mathcal{E}\Big). \end{split}$$

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Dyadic cubes to general cubes

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4 Summary

Want to show var $Mf \leq \operatorname{var} f$ for $Mf(x) = \sup_{Q \ni x} f_Q$, where the supremum is taken over all cubes.

Want to show var $Mf \leq \text{var } f$ for $Mf(x) = \sup_{Q \ni x} f_Q$, where the supremum is taken over all cubes. Proof idea: Do Vitali covering for the boundary to reduce to dyadic cubes.

supremum is taken over all cubes. Proof idea: Do Vitali covering for the boundary to reduce to dyadic cubes. When statements are true for balls and cubes we write them down only for balls.

Want to show var $Mf \leq \text{var } f$ for $Mf(x) = \sup_{Q \ni x} f_Q$, where the supremum is taken over all cubes. Proof idea: Do *Vitali covering* for the boundary to reduce to dyadic cubes. When statements are true for balls and cubes we write them down only for balls.

Vitali covering

For any (finite) set of balls \mathcal{B} For any (finite) set of balls \mathcal{B} , there is a subset $\mathcal{S} \subset \mathcal{B}$ of disjoint balls with

$$\mathcal{L}\left(\bigcup \mathcal{B}\right) \lesssim \sum_{S \in \mathcal{S}} \mathcal{L}(S).$$
Want to show var $Mf \lesssim var f$ for $Mf(x) = \sup_{Q \ni x} f_Q$, where the supremum is taken over all cubes. Proof idea: Do *Vitali covering* for the boundary to reduce to dyadic cubes. When statements are true for balls and cubes we write them down only for balls.

Vitali covering

For any (finite) set of balls \mathcal{B} For any (finite) set of balls \mathcal{B} , there is a subset $\mathcal{S} \subset \mathcal{B}$ of disjoint balls with

$$\mathcal{L}\Big(\bigcup \mathcal{B}\Big)\lesssim \sum_{S\in \mathcal{S}}\mathcal{L}(S).$$

Question

For any (finite) set of balls \mathcal{B} , is there a subset $\mathcal{S} \subset \mathcal{B}$ of disjoint balls with

$$\mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B}\Big) \lesssim \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(\partial S)?$$

I think not.

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Problem with the Vitali covering-proof:

$$\bigcup \mathcal{B} \subset 5\mathbf{B} \quad \Rightarrow \quad \mathcal{L}\left(\bigcup \mathcal{B}\right) \leq 5^{d}\mathcal{L}(\mathbf{B}),$$

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Problem with the Vitali covering-proof:

$$igcup_{\mathcal{B}} \subset 5B \quad \Rightarrow \quad \mathcal{L}\left(igcup_{\mathcal{B}}\right) \leq 5^{d}\mathcal{L}(B),$$

 $igcup_{\mathcal{B}} \subset 5B \quad
eq \quad \mathcal{H}^{d-1}\left(\partialigcup_{\mathcal{B}}\right) \lesssim \mathcal{H}^{d-1}(\partial B).$

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Problem with the Vitali covering-proof:

$$\bigcup \mathcal{B} \subset 5\mathbf{B} \quad \Rightarrow \quad \mathcal{L}\left(\bigcup \mathcal{B}\right) \leq 5^{d}\mathcal{L}(\mathbf{B}), \\ \bigcup \mathcal{B} \subset 5\mathbf{B} \quad \neq \quad \mathcal{H}^{d-1}\left(\partial \bigcup \mathcal{B}\right) \lesssim \mathcal{H}^{d-1}(\partial \mathbf{B}).$$

Proposition (Vitali (replacement) for perimeter)

For any (finite) set of balls \mathcal{B} there is a subset $\mathcal{S} \subset \mathcal{B}$ of balls such that for any $S_1, S_2 \in \mathcal{S}$ with $S_1 \neq S_2$ we have

$$\mathcal{L}(S_1 \cap S_2) \leq rac{\min\{\mathcal{L}(S_1), \mathcal{L}(S_2)\}}{2}$$

and

$$\mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B}\Big)\lesssim \sum_{S\in \mathcal{S}}\mathcal{H}^{d-1}(\partial S).$$

(The factor 1/2 can be made arbitrarily small.)

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Proof of Vitali for perimeter

Assume all balls in $\ensuremath{\mathcal{B}}$ have diameter at most 1. Inductively proceed as follows.

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Proof of Vitali for perimeter

Assume all balls in \mathcal{B} have diameter at most 1. Inductively proceed as follows. For each $n \in \mathbb{N}$ let

$$C_n = \{B \in B : \exists S \in S_1 \cup \ldots \cup S_{n-1}, \ \mathcal{L}(B \cap S) \ge \mathcal{L}(B)/2\}$$

be the set of balls already covered in earlier steps. Set

$$\mathcal{B}_n = \{ \mathbf{B} \in \mathcal{B} \setminus \mathcal{C}_n : 2^{-n-1} < \operatorname{diam}(\mathbf{B}) \le 2^{-n} \}.$$

Let S_n be a maximal disjoint subset of \mathcal{B}_n such that for all $S, T \in S_n$ we have $\mathcal{L}(S \cap T) \leq \min{\{\mathcal{L}(S), \mathcal{L}(T)\}/2}$.

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Proof of Vitali for perimeter

Assume all balls in \mathcal{B} have diameter at most 1. Inductively proceed as follows. For each $n \in \mathbb{N}$ let

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Let S_n be a maximal disjoint subset of \mathcal{B}_n such that for all $S, T \in S_n$ we have $\mathcal{L}(S \cap T) \leq \min{\{\mathcal{L}(S), \mathcal{L}(T)\}/2}$. Finally define $S = S_1 \cup S_2 \cup \ldots$

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Proof of Vitali for perimeter

Assume all balls in \mathcal{B} have diameter at most 1. Inductively proceed as follows. For each $n \in \mathbb{N}$ let

$$C_n = \{B \in B : \exists S \in S_1 \cup \ldots \cup S_{n-1}, \ \mathcal{L}(B \cap S) \ge \mathcal{L}(B)/2\}$$

be the set of balls already covered in earlier steps. Set

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Let S_n be a maximal disjoint subset of \mathcal{B}_n such that for all $S, T \in S_n$ we have $\mathcal{L}(S \cap T) \leq \min{\{\mathcal{L}(S), \mathcal{L}(T)\}/2}$. Finally define $S = S_1 \cup S_2 \cup \ldots$ For similar reasons as for the Vitali covering argument, we have for all $S, T \in S$ that

$$\mathcal{L}(S \cap T) \leq \min{\{\mathcal{L}(S), \mathcal{L}(T)\}/2}.$$

Let $B \in \mathcal{B}$ and take *n* such that $2^{-n-1} < \text{diam}(B) \le 2^{-n}$. If $B \in \mathcal{S}$ then there is nothing to show.

Let $B \in \mathcal{B}$ and take *n* such that $2^{-n-1} < \text{diam}(B) \le 2^{-n}$. If $B \in S$ then there is nothing to show. If $B \in C_n$ then there is an $S \in S$ with $\mathcal{L}(B \cap S) \ge \mathcal{L}(B)/2$. If $B \notin C_n$ then by maximality of \mathcal{B}_n there is an $S \in \mathcal{B}_n \cap S$ with

$$\mathcal{L}(\boldsymbol{B}\cap S) \geq \frac{\min\{\mathcal{L}(\boldsymbol{B}), \mathcal{L}(S)\}}{2} \geq \frac{\mathcal{L}(B(0, 2^{-n-2}))}{2} \geq 2^{-n-1}\mathcal{L}(\boldsymbol{B}).$$

Let $B \in \mathcal{B}$ and take *n* such that $2^{-n-1} < \text{diam}(B) \le 2^{-n}$. If $B \in \mathcal{S}$ then there is nothing to show. If $B \in \mathcal{C}_n$ then there is an $S \in \mathcal{S}$ with $\mathcal{L}(B \cap S) \ge \mathcal{L}(B)/2$. If $B \notin \mathcal{C}_n$ then by maximality of \mathcal{B}_n there is an $S \in \mathcal{B}_n \cap \mathcal{S}$ with

$$\mathcal{L}(B \cap S) \geq \frac{\min\{\mathcal{L}(B), \mathcal{L}(S)\}}{2} \geq \frac{\mathcal{L}(B(0, 2^{-n-2}))}{2} \geq 2^{-n-1}\mathcal{L}(B).$$

Proposition (High density)

Let \mathcal{B} be a set of balls \mathcal{B} with $\mathcal{L}(\mathcal{B} \cap \mathcal{E}) \geq \varepsilon \mathcal{L}(\mathcal{B})$. Then

$$\mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B} \setminus \overline{\mathcal{E}}\Big) \lesssim_{\varepsilon} \mathcal{H}^{d-1}\Big(\bigcup \mathcal{B} \cap \partial \mathcal{E}\Big).$$

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$$\mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B}\Big) \leq \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{B} \setminus \bigcup \{\overline{S} : S \in \mathcal{S}\}\Big) + \sum_{S \in \mathcal{S}} \mathcal{H}^{d-1}(\partial S)$$

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$$\mathcal{H}^{d-1}\Big(\partial\bigcup\mathcal{B}\Big)\leq\mathcal{H}^{d-1}\Big(\partial\bigcup\mathcal{B}\setminus\bigcup\{\overline{S}:S\in\mathcal{S}\}\Big)+\sum_{S\in\mathcal{S}}\mathcal{H}^{d-1}(\partial S)$$

$$\begin{split} &\mathcal{H}^{d-1}\Big(\partial\bigcup\mathcal{B}\setminus\bigcup\{\overline{S}:S\in\mathcal{S}\}\Big)\\ &\leq \sum_{S\in\mathcal{S}}\mathcal{H}^{d-1}\Big(\partial\bigcup\{\mathcal{B}\in\mathcal{B}:\mathcal{L}(\mathcal{B}\cap S)\geq 2^{-n-1}\mathcal{L}(\mathcal{B})\}\setminus\overline{S}\Big)\\ &\lesssim \sum_{S\in\mathcal{S}}\mathcal{H}^{d-1}\Big(\bigcup\{\mathcal{B}\in\mathcal{B}:\mathcal{L}(\mathcal{B}\cap S)\geq 2^{-n-1}\mathcal{L}(\mathcal{B})\}\cap\partial S\Big)\\ &\leq \sum_{S\in\mathcal{S}}\mathcal{H}^{d-1}(\partial S). \end{split}$$

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Recall the strategy for dyadic

Want to estimate

 $\sum (f_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \lesssim \operatorname{var} f.$

Q dyadic

Recall the strategy for dyadic

Want to estimate

$$\sum_{oldsymbol{Q} \, ext{dyadic}} (f_{oldsymbol{Q}} - ilde{\lambda}_{oldsymbol{Q}}) \mathcal{H}^{d-1}(\partial oldsymbol{Q}) \lesssim ext{var}\, f.$$

For each (dyadic) cube we have

$$(f_{Q} - \tilde{\lambda}_{Q})\mathcal{H}^{d-1}(\partial Q) \cdot I(Q) \lesssim \int_{\mathbb{R}} \sum_{P \in \mathcal{D}^{\lambda}(Q)} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda,$$

where $\mathcal{D}^{\lambda}(Q)$ is the set of dyadic cubes P with base cube Q such that $\bar{\lambda}_P < \lambda < f_P$.

Recall the strategy for dyadic

Want to estimate

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where $\mathcal{D}^{\lambda}(Q)$ is the set of dyadic cubes P with base cube Q such that $\bar{\lambda}_P < \lambda < f_P$.

Do Fubini. Each dyadic cube P on the RHS will appear with a factor $I(Q)^{-1}$ for each dyadic parent of P.

Recall the strategy for dyadic

Want to estimate

$$\sum_{oldsymbol{Q} \, ext{dyadic}} (f_{oldsymbol{Q}} - ilde{\lambda}_{oldsymbol{Q}}) \mathcal{H}^{d-1}(\partial oldsymbol{Q}) \lesssim ext{var} \, f.$$

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Do Fubini. Each dyadic cube P on the RHS will appear with a factor $I(Q)^{-1}$ for each dyadic parent of P. Geometric sum will coverge and yield $\mathcal{H}^{d-1}(\partial P)$

Recall the strategy for dyadic

Want to estimate

$$\sum_{oldsymbol{Q} \, ext{dyadic}} (f_{oldsymbol{Q}} - ilde{\lambda}_{oldsymbol{Q}}) \mathcal{H}^{d-1}(\partial oldsymbol{Q}) \lesssim ext{var} \, f.$$

For each (dyadic) cube we have

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where $\mathcal{D}^{\lambda}(Q)$ is the set of dyadic cubes P with base cube Q such that $\overline{\lambda}_P < \lambda < f_P$.

Do Fubini. Each dyadic cube P on the RHS will appear with a factor $I(Q)^{-1}$ for each dyadic parent of P. Geometric sum will coverge and yield $\mathcal{H}^{d-1}(\partial P)$ and relative isoperimetric inequality will turn it into into $\mathcal{H}^{d-1}(\partial \{f > \lambda\} \cap P)$.

Recall the strategy for dyadic

Want to estimate

$$\sum_{\substack{\boldsymbol{Q} \text{ dyadic}}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}) \lesssim \operatorname{var} \boldsymbol{f}.$$

For each (dyadic) cube we have

$$(f_{Q} - \tilde{\lambda}_{Q})\mathcal{H}^{d-1}(\partial Q) \cdot I(Q) \lesssim \int_{\mathbb{R}} \sum_{P \in \mathcal{D}^{\lambda}(Q)} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda,$$

where $\mathcal{D}^{\lambda}(Q)$ is the set of dyadic cubes P with base cube Q such that $\bar{\lambda}_P < \lambda < f_P$.

Do Fubini. Each dyadic cube P on the RHS will appear with a factor $I(Q)^{-1}$ for each dyadic parent of P. Geometric sum will coverge and yield $\mathcal{H}^{d-1}(\partial P)$ and relative isoperimetric inequality will turn it into into $\mathcal{H}^{d-1}(\partial \{f > \lambda\} \cap P)$. By disjonintness the right hand side then is var f.

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Denote
$$\mathcal{D}^{\lambda} = \bigcup_{\boldsymbol{Q} \text{ dyadic}} \mathcal{D}^{\lambda}(\boldsymbol{Q})$$
. We use:

④ For each $\lambda \in \mathbb{R}$ the cubes in \mathcal{D}^{λ} are disjoint.

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Denote
$$\mathcal{D}^{\lambda} = \bigcup_{\boldsymbol{Q} \text{ dyadic}} \mathcal{D}^{\lambda}(\boldsymbol{Q})$$
. We use:

- **9** For each $\lambda \in \mathbb{R}$ the cubes in \mathcal{D}^{λ} are disjoint.
- So For each $P \in D^{\lambda}$ there is only one Q per scale with $P \in D^{\lambda}(Q)$.

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Denote
$$\mathcal{D}^{\lambda} = \bigcup_{\boldsymbol{Q} \text{ dyadic}} \mathcal{D}^{\lambda}(\boldsymbol{Q})$$
. We use:

- For each $\lambda \in \mathbb{R}$ the cubes in \mathcal{D}^{λ} are disjoint.
- For each P ∈ D^λ there is only one Q per scale with P ∈ D^λ(Q).

The following weaker assumptions are actually enough.

• There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 - \varepsilon)P : P \in D^{\lambda}\}$ have bounded overlap.

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Denote
$$\mathcal{D}^{\lambda} = \bigcup_{Q \text{ dyadic}} \mathcal{D}^{\lambda}(Q)$$
. We use:

- For each $\lambda \in \mathbb{R}$ the cubes in \mathcal{D}^{λ} are disjoint.
- Por each P ∈ D^λ there is only one Q per scale with P ∈ D^λ(Q).

The following weaker assumptions are actually enough.

- There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 \varepsilon)P : P \in D^{\lambda}\}$ have bounded overlap.
- Solution is a set of the same scale.
 Solution is a set of the same scale.

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Strategy for general cubes

Split the cubes $Q_{\lambda} = \{ Q : f_Q > \lambda \}$ into $Q_{\lambda}^{>} \cup Q_{\lambda}^{>,2} \cup Q_{\lambda}^{\leq}$, where

$$egin{aligned} \mathcal{Q}^{>}_{\lambda} &= \{ oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}(\{f > \lambda\} \cap oldsymbol{Q}) > 2^{-1}\mathcal{L}(oldsymbol{Q}) \} \ \mathcal{Q}^{>,2}_{\lambda} &= \{ oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}\left(igcup \mathcal{Q}^{>}_{\lambda} \cap oldsymbol{Q}\right) > 2^{-1}\mathcal{L}(oldsymbol{Q}) \} \ \mathcal{Q}^{\leq}_{\lambda} &= \mathcal{Q}_{\lambda} \setminus \mathcal{Q}^{>}_{\lambda} \setminus \mathcal{Q}^{>,2}_{\lambda}. \end{aligned}$$

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Strategy for general cubes

Split the cubes $Q_{\lambda} = \{ Q : f_Q > \lambda \}$ into $Q_{\lambda}^{>} \cup Q_{\lambda}^{>,2} \cup Q_{\lambda}^{\leq}$, where

$$egin{aligned} \mathcal{Q}^{>}_{\lambda} &= \{oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}(\{f > \lambda\} \cap oldsymbol{Q}) > 2^{-1}\mathcal{L}(oldsymbol{Q})\} \ \mathcal{Q}^{>,2}_{\lambda} &= \{oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}\Big(igcup \mathcal{Q}^{>}_{\lambda} \cap oldsymbol{Q}\Big) > 2^{-1}\mathcal{L}(oldsymbol{Q})\} \ \mathcal{Q}^{\leq}_{\lambda} &= \mathcal{Q}_{\lambda} \setminus \mathcal{Q}^{>}_{\lambda} \setminus \mathcal{Q}^{>,2}_{\lambda}. \end{aligned}$$

Then by the *high density* argument $\mathcal{H}^{d-1}(\partial \bigcup \mathcal{Q}_{\lambda}^{>,2}) \lesssim \mathcal{H}^{d-1}(\partial \bigcup \mathcal{Q}_{\lambda}^{>}) \lesssim \mathcal{H}^{d-1}(\partial \{f > \lambda\}).$ To $\mathcal{Q}_{\lambda}^{\leq}$ apply the Vitali covering argument for the boundary. story Core Tec 0000000000 000000

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Strategy for general cubes

Split the cubes $Q_{\lambda} = \{ Q : f_Q > \lambda \}$ into $Q_{\lambda}^{>} \cup Q_{\lambda}^{>,2} \cup Q_{\lambda}^{\leq}$, where

$$egin{aligned} \mathcal{Q}^{>}_{\lambda} &= \{ oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}(\{ f > \lambda \} \cap oldsymbol{Q}) > 2^{-1}\mathcal{L}(oldsymbol{Q}) \} \ \mathcal{Q}^{>,2}_{\lambda} &= \{ oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}\left(igcup \mathcal{Q}^{>}_{\lambda} \cap oldsymbol{Q}\right) > 2^{-1}\mathcal{L}(oldsymbol{Q}) \} \ \mathcal{Q}^{\leq}_{\lambda} &= \mathcal{Q}_{\lambda} \setminus \mathcal{Q}^{>}_{\lambda} \setminus \mathcal{Q}^{>,2}_{\lambda}. \end{aligned}$$

Then by the *high density* argument $\mathcal{H}^{d-1}(\partial \bigcup Q_{\lambda}^{>,2}) \lesssim \mathcal{H}^{d-1}(\partial \bigcup Q_{\lambda}^{>}) \lesssim \mathcal{H}^{d-1}(\partial \{f > \lambda\}).$ To $\mathcal{Q}_{\lambda}^{\leq}$ apply the Vitali covering argument for the boundary. This can actually be done in a consistent way through all $\lambda \in \mathbb{R}$, so that we obtain a set *S* such that

$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

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For any $Q_1, Q_2 \in S$ with diam $(Q_1) \leq \text{diam}(Q_2)$ we have $\mathcal{L}(Q_1 \cap Q_2) \leq 2^{-1} \mathcal{L}(Q)_1$ or

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For any $Q_1, Q_2 \in S$ with diam $(Q_1) \leq \text{diam}(Q_2)$ we have $\mathcal{L}(Q_1 \cap Q_2) \leq 2^{-1}\mathcal{L}(Q_1)$ or

2 Q_1 has strictly smaller scale than Q_2 and $f_{Q1} > f_{Q2}$.

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For any $Q_1, Q_2 \in S$ with diam $(Q_1) \leq \text{diam}(Q_2)$ we have • $\mathcal{L}(Q_1 \cap Q_2) \leq 2^{-1}\mathcal{L}(Q)_1$ or • Q_1 has strictly smaller scale than Q_2 and $f_{Q_1} > f_{Q_2}$.

Denote $\mathcal{D}^{\lambda} = \bigcup_{Q \in S} \mathcal{D}^{\lambda}(Q)$. For cubes $Q_1, Q_2 \in S$ the cubes in $\mathcal{D}^{\lambda}(Q_1), \mathcal{D}^{\lambda}(Q_2)$ can have bad overlap.

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For any ${\it Q}_1, {\it Q}_2 \in {\cal S}$ with diam $({\it Q}_1) \leq$ diam $({\it Q}_2)$ we have

•
$$\mathcal{L}(oldsymbol{Q}_1\capoldsymbol{Q}_2)\leq 2^{-1}\mathcal{L}(oldsymbol{Q})_1$$
 or

Q₁ has strictly smaller scale than Q_2 and $f_{Q_1} > f_{Q_2}$.

Denote $\mathcal{D}^{\lambda} = \bigcup_{\boldsymbol{Q} \in \mathcal{S}} \mathcal{D}^{\lambda}(\boldsymbol{Q}).$

For cubes $Q_1, Q_2 \in S$ the cubes in $\mathcal{D}^{\lambda}(Q_1), \mathcal{D}^{\lambda}(Q_2)$ can have bad overlap. So we run again a Vitali-type argument on \mathcal{D}^{λ} to select a set of almost disjoint representatives \mathcal{F}^{λ} .

Core Techniques

Covering Techniques

 \mathcal{F}^{λ} :

• There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 - \varepsilon)P : P \in \mathcal{F}^{\lambda}\}$ have bounded overlap.

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\mathcal{F}^{λ} :

- There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 \varepsilon)P : P \in \mathcal{F}^{\lambda}\}$ have bounded overlap.
- Solution For each $Q \in S$ and $P \in D^{\lambda}(Q)$ there is a $R \in \mathcal{F}^{\lambda}$ such that $P \leq R \leq Q$.

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\mathcal{F}^{λ} :

- There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 \varepsilon)P : P \in \mathcal{F}^{\lambda}\}$ have bounded overlap.
- So For each Q ∈ S and P ∈ D^λ(Q) there is a R ∈ F^λ such that P ≤ R ≤ Q.

Attempt 1: Just apply Vitali covering to $\mathcal{D}^{\lambda} = \bigcup_{Q \in S} \mathcal{D}^{\lambda}(S)$ and let \mathcal{F}^{λ} be the resulting set.

Core Techniques

\mathcal{F}^{λ} :

- There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 \varepsilon)P : P \in \mathcal{F}^{\lambda}\}$ have bounded overlap.
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Attempt 1: Just apply Vitali covering to $\mathcal{D}^{\lambda} = \bigcup_{Q \in S} \mathcal{D}^{\lambda}(S)$ and let \mathcal{F}^{λ} be the resulting set.

What goes wrong: Let $Q_1, Q_2 \in S$ be intersecting and with diam $(Q_1) \ll \text{diam}(Q_2)$. Then there might be a $P \in \mathcal{D}^{\lambda}(Q_2)$ with diam $(Q_1) \ll \text{diam}(P)$ which covers all cubes in $\mathcal{D}^{\lambda}(Q_2)$.

Core Techniques

\mathcal{F}^{λ} :

- There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 \varepsilon)P : P \in \mathcal{F}^{\lambda}\}$ have bounded overlap.
- For each $Q \in S$ and $P \in D^{\lambda}(Q)$ there is a $R \in \mathcal{F}^{\lambda}$ such that $P \leq R \leq Q$.

Attempt 1: Just apply Vitali covering to $\mathcal{D}^{\lambda} = \bigcup_{Q \in S} \mathcal{D}^{\lambda}(S)$ and let \mathcal{F}^{λ} be the resulting set.

What goes wrong: Let $Q_1, Q_2 \in S$ be intersecting and with diam $(Q_1) \ll \text{diam}(Q_2)$. Then there might be a $P \in D^{\lambda}(Q_2)$ with diam $(Q_1) \ll \text{diam}(P)$ which covers all cubes in $D^{\lambda}(Q_2)$. That means $D^{\lambda}(Q_2)$ gets deleted and there is no way to get a bound like

$$(f_{Q_2} - \tilde{\lambda}_{Q_2})\mathcal{H}^{d-1}(\partial Q_2) \cdot \mathsf{I}(Q_2) \lesssim \int_{\mathbb{R}} \sum_{P \in \mathcal{F}^{\lambda}(Q)} \mathcal{L}(P \cap \{f > \lambda\}) \, \mathrm{d}\lambda,$$

because we must have diam(P) \lesssim diam(Q_2) for all $P \in \mathcal{F}^{\lambda}(Q_2)$ for the geometric sum to converge.

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Vitali covering creates an actual disjoint cover, but we only need

• There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 - \varepsilon)P : P \in \mathcal{F}^{\lambda}\}$ have bounded overlap.
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Vitali covering creates an actual disjoint cover, but we only need

• There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 - \varepsilon)P : P \in \mathcal{F}^{\lambda}\}$ have bounded overlap.

Fix: Take $(1 - \varepsilon)P$ instead. Then in the above situation $(1 - \varepsilon)P$ is disjoint from any cube in $\mathcal{D}^{\lambda}(Q_2)$ and we can still use them.

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Vitali covering creates an actual disjoint cover, but we only need

• There is a small $\varepsilon > 0$ such that for each $\lambda \in \mathbb{R}$ the cubes in $\{(1 - \varepsilon)P : P \in \mathcal{F}^{\lambda}\}$ have bounded overlap.

Fix: Take $(1 - \varepsilon)P$ instead. Then in the above situation $(1 - \varepsilon)P$ is disjoint from any cube in $\mathcal{D}^{\lambda}(Q_2)$ and we can still use them. If we are not in the situation diam $(Q_1) \ll \text{diam}(Q_2)$ then all cubes have a similar scale and we are safe to do Vitali covering and we just lose some constants.

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Summary

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- Background
- Onedimensional case

2 Core Techniques

- Reduction and decomposition
- High density case
- Low density case

3 Covering Techniques

- Boundary of large balls
- High density, general version
- Dyadic cubes to general cubes

4 Summary

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Summary				

$$\operatorname{var} \operatorname{M} f = \int_0^\infty \mathcal{H}^{d-1} \Big(\partial \bigcup \mathcal{Q}_\lambda \Big) \, \mathrm{d}\lambda,$$

where $Q_{\lambda} = \{ \mathbf{Q} : \mathbf{f}_{\mathbf{Q}} > \lambda \}.$

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Summary				

$$\operatorname{var} \mathbf{M} \boldsymbol{f} = \int_0^\infty \mathcal{H}^{d-1} \Big(\partial \bigcup \mathcal{Q}_\lambda \Big) \, \mathrm{d}\lambda,$$

where $Q_{\lambda} = \{ \mathbf{Q} : f_{\mathbf{Q}} > \lambda \}$. Split the cubes $Q_{\lambda} = \{ \mathbf{Q} : f_{\mathbf{Q}} > \lambda \}$ into $Q_{\lambda}^{\geq} \cup Q_{\lambda}^{\leq}$, where

$$egin{aligned} \mathcal{Q}^{>}_{\lambda} &= \{ oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}(\{ oldsymbol{f} > \lambda\} \cap oldsymbol{Q}) > 2^{-1}\mathcal{L}(oldsymbol{Q}) \} \ \mathcal{Q}^{\leq}_{\lambda} &= \{ oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}(\{ oldsymbol{f} > \lambda\} \cap oldsymbol{Q}) \leq 2^{-1}\mathcal{L}(oldsymbol{Q}) \}. \end{aligned}$$

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Summary				

$$\operatorname{var} \mathbf{M} \boldsymbol{f} = \int_0^\infty \mathcal{H}^{d-1} \Big(\partial \bigcup \mathcal{Q}_\lambda \Big) \, \mathrm{d}\lambda,$$

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Then by the high density argument

$$\mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}^{>}_{\lambda}\Big) \lesssim \mathcal{H}^{d-1}(\partial \{f > \lambda\})$$

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$$\operatorname{var} \mathbf{M} \boldsymbol{f} = \int_0^\infty \mathcal{H}^{d-1} \Big(\partial \bigcup \mathcal{Q}_\lambda \Big) \, \mathrm{d}\lambda,$$

where $Q_{\lambda} = \{ \mathbf{Q} : f_{\mathbf{Q}} > \lambda \}$. Split the cubes $Q_{\lambda} = \{ \mathbf{Q} : f_{\mathbf{Q}} > \lambda \}$ into $Q_{\lambda}^{>} \cup Q_{\lambda}^{\leq}$, where

$$egin{aligned} \mathcal{Q}^{>}_{\lambda} &= \{ oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}(\{ oldsymbol{f} > \lambda\} \cap oldsymbol{Q}) > 2^{-1}\mathcal{L}(oldsymbol{Q}) \} \ \mathcal{Q}^{\leq}_{\lambda} &= \{ oldsymbol{Q} \in \mathcal{Q}_{\lambda} : \mathcal{L}(\{ oldsymbol{f} > \lambda\} \cap oldsymbol{Q}) \leq 2^{-1}\mathcal{L}(oldsymbol{Q}) \}. \end{aligned}$$

Then by the high density argument

$$\mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}^{>}_{\lambda}\Big) \lesssim \mathcal{H}^{d-1}(\partial \{f > \lambda\})$$

from which the coarea formula yields var f.

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$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

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$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

Prove a bound

$$(f_{Q} - \tilde{\lambda}_{Q})\mathcal{H}^{d-1}(\partial Q) \cdot \mathsf{I}(Q) \lesssim \int_{\mathbb{R}} \sum_{P \in \mathcal{D}^{\lambda}(Q)} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda.$$

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$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

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For each $\lambda \in \mathbb{R}$ do a Vitali type covering to extract almost disjoint cubes \mathcal{F}^{λ} from $\bigcup_{Q \in S} \mathcal{D}^{\lambda}(Q)$.

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$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

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For each $\lambda \in \mathbb{R}$ do a Vitali type covering to extract almost disjoint cubes \mathcal{F}^{λ} from $\bigcup_{Q \in S} \mathcal{D}^{\lambda}(Q)$. Change the order of summation,

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$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

Prove a bound

$$(f_{Q} - \tilde{\lambda}_{Q})\mathcal{H}^{d-1}(\partial Q) \cdot \mathsf{I}(Q) \lesssim \int_{\mathbb{R}} \sum_{P \in \mathcal{D}^{\lambda}(Q)} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda.$$

For each $\lambda \in \mathbb{R}$ do a Vitali type covering to extract almost disjoint cubes \mathcal{F}^{λ} from $\bigcup_{Q \in S} \mathcal{D}^{\lambda}(Q)$. Change the order of summation, have a geometric sum converge,

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$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

Prove a bound

$$(f_{Q} - \tilde{\lambda}_{Q})\mathcal{H}^{d-1}(\partial Q) \cdot \mathsf{I}(Q) \lesssim \int_{\mathbb{R}} \sum_{P \in \mathcal{D}^{\lambda}(Q)} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda.$$

For each $\lambda \in \mathbb{R}$ do a Vitali type covering to extract almost disjoint cubes \mathcal{F}^{λ} from $\bigcup_{Q \in S} \mathcal{D}^{\lambda}(Q)$. Change the order of summation, have a geometric sum converge, apply the relative isoperimetric inequality

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$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

Prove a bound

$$(f_{Q} - \tilde{\lambda}_{Q})\mathcal{H}^{d-1}(\partial Q) \cdot \mathsf{I}(Q) \lesssim \int_{\mathbb{R}} \sum_{P \in \mathcal{D}^{\lambda}(Q)} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda.$$

For each $\lambda \in \mathbb{R}$ do a Vitali type covering to extract almost disjoint cubes \mathcal{F}^{λ} from $\bigcup_{Q \in \mathcal{S}} \mathcal{D}^{\lambda}(Q)$. Change the order of summation, have a geometric sum converge, apply the relative isoperimetric inequality and use almost disjointness

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$$\int_0^\infty \mathcal{H}^{d-1}\Big(\partial \bigcup \mathcal{Q}_\lambda^{\leq}\Big) \,\mathrm{d}\lambda \lesssim \sum_{\boldsymbol{Q} \in \mathcal{S}} (\boldsymbol{f}_{\boldsymbol{Q}} - \tilde{\lambda}_{\boldsymbol{Q}}) \mathcal{H}^{d-1}(\partial \boldsymbol{Q}).$$

Prove a bound

$$(f_{Q} - \tilde{\lambda}_{Q})\mathcal{H}^{d-1}(\partial Q) \cdot \mathsf{I}(Q) \lesssim \int_{\mathbb{R}} \sum_{P \in \mathcal{D}^{\lambda}(Q)} \mathcal{L}(P \cap \{f > \lambda\}) d\lambda.$$

For each $\lambda \in \mathbb{R}$ do a Vitali type covering to extract almost disjoint cubes \mathcal{F}^{λ} from $\bigcup_{Q \in S} \mathcal{D}^{\lambda}(Q)$. Change the order of summation, have a geometric sum converge, apply the relative isoperimetric inequality and use almost disjointness and the coarea formula to recover var f.

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• dyadic maximal function [2]

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- dyadic maximal function [2]
- cube maximal function [4]

History	Core Techniques	Covering Techniques	Summary	References
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- dyadic maximal function [2]
- cube maximal function [4]
- uncentered Hardy-Littlewood maximal function if *f* is characteristic function [1]

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- dyadic maximal function [2]
- cube maximal function [4]
- uncentered Hardy-Littlewood maximal function if *f* is characteristic function [1]
- Hardy-Littlewood fractional maximal function, both uncentered and centered [3]

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Thank you